



Daily Devotion

1 Corinthians 9:26,27 - Giving Orders

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1 Corinthians 9:26 Therefore I do not run like a man running aimlessly; I do not fight like a man beating the air. 27 No, I beat my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.

It's an awkward thought of imagining yourself bowing down to your flesh. Yet, when we give in to its desires, that really is the essence of what's going on. That's right. It's as if you are bowing down to yourself. It makes yourself your own personal idol. Wow. What a thought huh? It's hard to imagine it, but that's really something we need to consider as something possible in our lives.

No one would dream of doing such a thing in real life. Right? Yet, how often do we fall prey in allowing ourselves to do such a thing in the spiritual? We can't live life casually anymore. Be the drill sergeant over your body. When it comes to you and your body, you are the one who is supposed to be giving the orders.

Let this be a focus in your time of meditation throughout the day. Until next time, Shalom.