



## Scriptures for Life

### *Your Best Interest - Philippians 4:6,7*

Welcome to Scriptures for Life with TorahFamily.org. Taking time to focus on the Father's way.

Philippians 4:6 Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

You know, sometimes, it can be very easy to let anxiety over take our thoughts. Normally, it's because we want something to happen a certain way or by a certain time. Yet, we're encouraged here to present our requests to God in prayer with thanksgiving and to **not be anxious**. We all know this can be so much easier said than done. Right?

We are then told the peace of God will guard our hearts and our minds in Yashua. We know He desires what's best for us. Is there really anything else that needs to be said then? That knowledge alone should bring us peace. Even if the answer to our prayer is "No", it's only because He knows what's best even though it may not make any sense to us at the moment.

It all comes down to the question if we believe He has our best interest in mind. If so, then submit your request and rest in Him.

Let this be a focus in your time of meditation throughout the day. Until next time, Shalom.