



Scriptures for Life

Trained - 1 Samuel 17:45

Welcome to Scriptures for Life with TorahFamily.org. Taking time to focus on the Father's way.

1 Samuel 17:45 David said to the Philistine, “You come against me with sword and spear and javelin, but I come against you in the name of YHWH Almighty, the God of the armies of Israel, whom you have defied.

Most everyone has heard this story. The story where we see this little shepherd boy armed only with a sling shot and some stones goes out and takes on a trained warrior. A trained warrior who happens to be a giant, by the way. David may have been little and considered only a shepherd boy. But he was trained. He was well trained. Maybe not in the ways of hand to hand combat like a soldier, but his faith was firm, solid and steadfast in YHWH.

To prove this point, look at his words to Goliath.

46 This day YHWH will hand you over to me, and I'll strike you down and cut off your head. ...

He continues on, but you get the point. So was David trained? You know it!

What are you currently facing? Don't focus on **your** abilities to overcome it. That's trusting in yourself. Train yourself to trust in Him.

Let this be a focus in your time of meditation throughout the day. Until next time, Shalom.