



Scriptures for Life

In Check - Psalms 19:14

Welcome to Scriptures for Life with TorahFamily.org. Taking time to focus on the Father's way.

Ps. 19:14 May the words of my mouth and the meditation of my heart be pleasing in your sight, O YHWH, my Rock and my Redeemer.

Have you ever thought about this? Do you make this your prayer? Do you make it a focus that everything that comes out of your mouth is going to be pleasing to Him? I mean everything.

That includes our everyday casual conversations with friends to everything in between. But it's in our conversations with friends where we normally let our guard down right? It's in those conversations where it can be so easy to say "Well, don't tell anyone, but..." Or "Did you hear about so and so?"

If we don't want someone talking about us in such manners, what makes us think it's OK to do so to others? Can we really think YHWH is pleased with such words? If those words are coming out of our mouths, what are we actually saying in our heart? Thus the next part of the verse that says...

"and the meditation of my heart be pleasing in your sight, O YHWH,"

So everything that we even *think* needs to be kept in check as well. Everything.

Let this be a focus in your time of meditation throughout the day. Until next time, Shalom.